



BONUS

from The Soapy Siren

LAVENDER & LEMONGRASS BARS

COLD PROCESS SOAP

Yield: Approx. 10 standard bars (approx. 3.3 lb total batch weight)

Superfat: 5%

Ingredients

Oils & Butters:

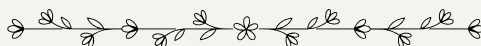
- Olive Oil (Pomace or Refined): 18 oz (of total oils)
- Coconut Oil (76-degree): 10 oz
- Shea Butter (Unrefined): 4 oz
- Castor Oil: 3 oz

Lye Solution:

- Sodium Hydroxide (Lye): 4.65 oz
- Distilled Water: 10.5 oz

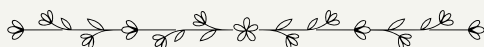
Additives & Scents:

- Lavender Essential Oil: 1.2 oz
- Lemongrass Essential Oil: 0.8 oz
- Optional: 1 tsp purple Brazilian clay or ultramarine violet
(mixed in a splash of oil for a swirl)



Instructions:

- **Safety First:** Put on your safety goggles, gloves, and long sleeves. Always pour your lye into your distilled water (*never water into lye*) in a well-ventilated area and let it cool down to around 100°F–110°F.
- **Melt Base Oils:** Melt your coconut oil and shea butter completely, then mix in your olive and castor oils. Allow the oil mixture to cool to a similar temperature as your lye solution (*approx. 100°F–105°F*).
- **Blend to Trace:** Pour the lye solution slowly into the oils. Use your stick blender in short pulses, alternating with hand-stirring, until the mixture reaches a light trace (*resembling thin pudding*).
- **Scents & Color:** Stir in your lavender and lemongrass essential oils. If you are doing a color swirl, pour a small amount of batter into a separate cup, mix in your violet clay, drizzle it back into the main mold, and use a skewer to create a gentle pattern.
- **Insulate & Cure:** Pour the soap into your mold, cover with parchment paper and an old towel, and let it sit undisturbed for 24 to 48 hours. Unmold, cut into bars, and let them cure in a well-ventilated space for 4 to 6 weeks.



MELT & POUR SOAP

Yield: Approx. 4–5 standard bars (approx. 2 lb block)

Ingredients

Base: 2 lbs Goat's Milk or Clear Glycerin Melt & Pour Soap Base

Scents:

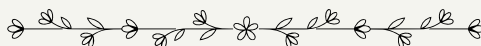
- Lavender Essential Oil: 2 tsp
- Lemongrass Essential Oil: 1 tsp

Botanicals/Color:

- 1 tbsp dried lavender buds
- 2 tsp ground dried lemongrass or a drop of green mica for a soft pastel hue

Instructions:

- **Chop & Melt:** Cut your melt-and-pour soap base into small, even cubes (*about 1-inch squares*). Place them into a microwave-safe glass container.
- **Heat:** Melt the soap base in the microwave in 30-second bursts, stirring gently between each interval until completely liquid. Do not let it boil!
- **Mix Additives:** Let the melted base cool slightly (*around 130°F so it doesn't flash-evaporate your essential oils*). Stir in your lavender and lemongrass essential oils, along with your mics colorant if using.
- **Pour & Top:** Pour the liquid soap into your silicone loaf or individual cavity mold. Spritz the top lightly with rubbing alcohol to pop any surface bubbles, then gently sprinkle your dried lavender buds across the top.
- **Set & Slice:** Allow the soap to cool and harden completely at room temperature (*about 2 hours*). Unmold, slice if using a loaf mold, and wrap tightly in plastic wrap to prevent moisture absorption.



BERGAMOT & CLARY SAGE SANCTUARY SOAPS

COLD PROCESS SOAP

Yield: Approx. 10 standard bars (approx. 3.3 lb total batch weight)
Superfat: 6%

Ingredients

Oils & Butters:

- Olive Oil: 16 oz
- Sustainable Palm Oil or Mango Butter: 8 oz
- Coconut Oil (76-degree): 8 oz
- Jojoba Oil: 3 oz — for extra skin-softening luxury

Lye Solution:

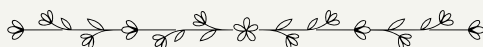
- Sodium Hydroxide (*Lye*): 4.8 oz
- Distilled Water: 11 oz

Scents & Additives:

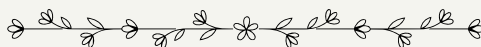
- Bergamot Essential Oil (*FCF – Bergapten-Free*): 1.2 oz
- Clary Sage Essential Oil: 0.8 oz
- Optional: 1 tsp French green clay (*for a soft, earthy tone*)

Instructions:

- **Prep & Mix Lye:** Put on your safety gear. Weigh out your lye and distilled water, pour lye into water safely, stir until dissolved, and set aside to cool down to roughly 100°F–110°F.
- **Combine Oils:** Melt your coconut oil, palm oil (or mango butter), and combine with your olive and jojoba oils. Bring the oil temperature to match your lye solution.
- **Blend:** Pour the lye solution into your oils and pulse your stick blender until you achieve a light trace.



- **Incorporate Botanicals/Scents:** Fold in your bergamot and clary sage essential oils (*and green clay if you want an earthy hue*). Stir thoroughly with a spatula to ensure everything is evenly incorporated.
- **Mold & Cure:** Pour into your soap mold, insulate with a towel for 24–48 hours, then cut into bars. Cure in a cool, dry place for 4 to 6 weeks.



MELT & POUR SOAP

Yield: *Approx. 4–5 standard bars (approx. 2 lb block)*

Ingredients

Base: 2 lbs Shea Butter or Clear Glycerin Melt & Pour Soap Base

Scents:

- Bergamot Essential Oil: 2 tsp
- Clary Sage Essential Oil: 1 tsp

Visual Additive:

- 1 tsp French green clay or a pinch of blue/green botanical mica for an ocean-mist appearance.

Instructions:

- **Chop Base:** Cut your 2 lbs of melt-and-pour base into uniform cubes and place them in a glass measuring cup or microwave-safe bowl.
- **Melt:** Heat in the microwave in 30-second increments, stirring gently until completely melted.
- **Blend:** Let the base cool down for a minute or two. Whisk in your bergamot and clary sage essential oils and your colorant/clay until completely smooth and free of clumps.
- **Pour:** Pour the mixture into your mold. Spray the surface with rubbing alcohol to remove any bubbles.
- **Unmold:** Let it sit undisturbed for 2 hours until fully set. Pop out of the mold, slice if necessary, and store wrapped until ready to use or gift!

